

BaltPharm Forum 2016

15-17th of April, 2016 Amberton hotel, Naujojo sodo 1, Klaipeda, Lithuania

COMPLEMENTARY
AND SELF-CARE
HEALTH PRODUCTS:
A PHARMACIST
COMPETENCES AND
RESPONSIBILITIES

WHAT'S NEW?

WHAT'S
IMPORTANT?

HOW WE'LL DO IT?

WHY IS IT IMPORTANT?

The changing role of pharmacists encourages them to discuss with pharmacy patients not only about correct usage of medication but also about disease prevention and public health issues. The provision of information on disease prevention is part of public health issues and may empower people to increase control over and to improve their health.

The community pharmacists are recognized as the most accessible to the public health care professionals. They are like gatekeepers when giving advice for patients who enter pharmacy to obtain medication, food supplements or medicine goods. In Lithuania like in many other countries the community pharmacy is the only legal place to obtain medication and the pharmacist consultation is obligatory part of the purchase. The patients who make decisions about their health often use integrative practice and combine both conventional and complementary medicine practices. Complementary medicine practices which incorporate use of some traditional herbal, mineral or animal kind substances very often are discussed with pharmacy professionals because these products are often sold in pharmacies as dietary supplements. Pharmacy professionals often encourage people to use food supplements because (1) there is no prescription need for them, (2) this gives additional income for pharmacy and (3) pharmacist value their knowledge on dietary supplements. Dietary supplements are often used for disease prevention purposes. The correct knowledge on common complementary medicines practices is necessary for to assist patient needs and answer the questions. This includes providing information that allows the patient to make the informed decisions about their health.





WHO WILL WE MEET?

Dr. Carmen Pena, the president of FIP

Dr. Carmen Pena gives particular attention to the importance of the FIP Education Initiative, which works to transform pharmacy education so that societal and workforce needs around the world can be met.

"Building a pharmaceutical workforce that is competent, sustainable, accountable and respected by society and by our colleagues in other health professions will make our countries' health systems more efficient by lowering morbidity, mortality and cost," she said.

Pharmacists should be active agents in shaping healthcare policies, including the pharmaceutical policies of their respective countries, and FIP can provide invaluable guidance and resources to this end.



Vytenis Povilas Andriukaitis, European Commissioner for Health and Food Safety

Health is a key element of social market economy.

I believe we need "a new boost for Health in Europe". Spending on health is not just "expenditure". Timely and universal access to care and medicines are investments in human capital and productivity. We must think beyond financial expenditure and gain. We must think about people's health as a key asset for society. Together we can do more; together we can work better and help people live healthy lives.

The changing role of pharmacists encourages us to discuss with pharmacy patients not only about correct usage of medication but also about disease prevention and public health issues

Contact Us

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WHERE WILL WE MEET?

Stay and conference at Amberton Klaipeda four-star hotel and conference center. <http://ambertonhotels.com/en/klaipeda/>

Hotel's conference center (K-Centre) attracts attention with its modern minimalism. Mobile partitions allow to modify the halls into one common space, accommodating up to 350 participants, just the perfect space for international conferences, because the hall is provided with simultaneous interpreter equipment.

Two nights stay at a comfortable double room. Single rooms available at a request for extra fee.

Breakfast, lunch and evening events with live music at the hotel restaurant.



PROGRAMME

Pre-forum symposium (Lithuanian language with simultaneous translation)

Friday, 15th of April

10:00 Opening ceremony. Dr. Jadvyga Zinkeviciute, vice minister of Ministry of Health, Lithuania

- Food supplements delivery system to community and quality assurance in Lithuania
State Food and Veterinary Service, Vilnius
- The future of Pharmaceutical sector
Robertas Dargis, the president of Lithuanian Confederation of Industrialists, Vilnius
- Variety of biological active ingredients in medicinal herbs and their rational consumption for assurance community health
Prof. Dr. Ona Ragazinskiene, Vytautas Magnus University, Kaunas
- Modern methods in analysis of herbal medicinal products and food supplements
Prof. Dr. Liudas Ivanauskas, Lithuanian University of Health sciences, Kaunas
- The chelation safeguard of herbal medicinal products
Prof. Dr. Nijole Savickiene, Lithuanian University of Health sciences, Kaunas
- Apitherapy: past, present and future challenges
Prof. Dr. Sonata Trumbeckaite, Lithuanian University of Health sciences, Kaunas
- Materia medica in traditional Lithuanian medicine
Dr. Tauras Antanas Mekas, Lithuanian University of Health sciences, Kaunas
- Role and responsibilities of pharmacist by delivery of complimentary and self-care products to patients
Dr. Jurgita Dauksiene, Lithuanian University of Health sciences, Kaunas
- Differentiation and treatment of dry eye disease
- Today's heroes. How to make no mistakes recommending a healthy diet and physical activity for the pharmacy customer?
Ignas Bakejus, first certificated INSANITY instructor in Lithuania, fitness, nutrition and healthy lifestyle connoisseur, Vilnius
- Posters presentations

*Refreshment and lunch break between the sessions

19:00 – Welcome reception, students bowling night

Forum plenary session (English language)

Saturday, 16th of April

10:00 Opening ceremony. Mayor of Klaipeda Vytautas Grubliauskas

Remarks from EE, LV and LT delegations, presidium formation

- New pharmacy for a new patient.
Dr. Carmen Pena, President FIP, Hague
- European trends in regulations of complementary and self-care health products in European Union
Vytenis Povilas Andriukaitis, European Commissioner for Health and Food Safety, Brussels
- Medicinal plants and biologically active compounds diversity assessment methodology
Prof. habil. dr. Audrius Maruska, prof. dr. Ona Ragazinskiene, Vytautas Magnus University, Kaunas
- The latest changes in Lithuanian legislation concerning the pharmaceutical sector
Gita Krukiene, Ministry of Health Pharmacy department, Vilnius
- Presentation from the Estonian delegation. The role of Estonian pharmacist 's delivering Complementary and self-care products.
- Recent changes in the pharmaceutical legislation in Estonia

- Presentation from the Latvian delegation. Complementary and self-care products in Latvian pharmacies and responsibilities of pharmacists by their delivery
- Recent changes in Latvian legislation, their impact on pharmacy sector
- Pharmacy students surprise Presentation
- Posters presentations
- Discussion and closing remarks

*Refreshment and lunch break between the sessions

19:30 Gala Dinner



Sunday, 17th of April

11:00 – 13:00 Klaipeda city tour

HOW TO PARTICIPATE?

Participant fee – 100€

Conference and two nights stay in the four-star hotel, breakfasts, lunches and evening events, Sunday Klaipeda guided city tour.

Student participant fee – 60€/ student participant fee (presenting poster) – 50€

Conference and two nights stay in the four-star hotel, breakfasts, lunches, welcome dinner and students bowling night (Gala dinner excluded), Sunday Klaipeda guided city tour.

- Poster presentation registration online www.baltpharmforum.eu (from 22nd of February) or e-mail directly jurgita.dauksiene@gmail.com. The abstracts are accepted not later than 15th of March.
- Participant registration online www.baltpharmforum.eu (from 22nd of February) or e-mail directly info@baltpharmforum.eu.

Payment available to:

Lietuvos farmacijų sąjunga

Company code 290667020

Bank account: LT03 7044 0600 0026 9219

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Please note: BaltPharmForum 2016



LET'S MEET IN KLAIPEDA!